**Stress in the workplace.**

***The situations outlined below are different in many respects but all show how pressure could lead to stress.***

Person ‘W’ works at an assembly line on piecework. She can neither influence the pace of her line nor the monotonous and highly repetitive tasks she has to perform.

Person ‘X’ is a nurse employed in a hospital, Recently he has been promoted and his new job involves some work in the community. He is expected to work alone visiting vulnerable clients in their homes

Person ‘Y’ is employed as an administrative assistant in an office. He is a single father with two small children. He needs to leave his job no later than 5pm on some days to pick his children up from school. But his workload is increasing, and his supervisor insists that he finishes various tasks before leaving.

**Out of the following stressors, identify which stressors apply for each scenario above:**

* *Environment*
* *Workload*
* *Interpersonal Factors*
* *Control*
* *Home-work Interference*